



Happy, Healthy New Year !!!!
Culinary Class with Chef Lisa Fidler
January 23, 2014

Orange Tarragon Vinaigrette

Ingredients:

1/4 cup Fresh Orange Juice
Zest of 1 Orange
1 Tablespoon Fresh Tarragon
1 teaspoon Dijon mustard
½ teaspoon Honey or Agave
1/2 cup olive oil
Salt & Pepper to taste

Instructions:

Whisk together first 5 ingredients; gradually whisk in olive oil until well blended.

Keep this Vinaigrette in the refrigerator for up to a week.

This is just a basic recipe.. you could easily use different juices or acids and different herbs/ spices.

Have fun... experiment!!!