



## No Cook Energy Balls

### Ingredients:

- 1 Cup Dry Oatmeal (I use Old Fashioned)
- ½ Cup Toasted Coconut Flakes
- ½ Cup Organic Peanut Butter
- ½ Cup Ground Flax Seeds
- ½ Cup Chocolate Chips (the darker the better)
- 1/3 Cup Honey
- 1 Tablespoon Chia Seeds
- 1 Teaspoon Vanilla PURE extract

### Ingredients:

Stir all ingredients in a medium bowl until thoroughly mixed. Cover and let chill in the fridge for about ½ hour. Once chilled; roll into balls of whatever size you like (1" is a good snack size). Store in an airtight container in the fridge for up to a week.