



**Farm to Table
Culinary Class with Chef Lisa Fidler
February 19, 2015**

Lemon Dressing

3 tablespoons olive oil (I prefer extra-virgin)

3 tablespoons lemon juice

1/2 teaspoon oregano

1/2 teaspoon minced garlic

DIRECTIONS

Shake all ingredients for your chosen variation together in a tightly-lidded container OR whisk together in a small bowl.

Let stand 10 minutes to rehydrate dried herbs and blend flavors.

Shake again then dress salad as desired.

Note -- I recommend the lemon dressing on spinach.

Note -- feel free to play with other seasonings, more complex blends, flavored oils, and flavored vinegars. Once you've learned the technique you can customize your salad dressing to suit just about any meal.